

## Esophageal Manometry

Esophageal manometry is a test used to measure the ability of the esophagus to send food from the throat to the stomach. Difficult and painful swallowing, chest pain, heartburn, and chronic cough are some of the common reasons patients undergo esophageal manometry.

We pass a thin, flexible tube through your nose, down your esophagus, and into your stomach. The tube does not interfere with your breathing. During the test, we ask you to swallow a small amount of water. As we slowly pull the tube into the esophagus, sensors on the tube measure the strength and coordination of your esophageal contractions as you swallow. This can help detect disorders such as achalasia or presbyesophagus. The test lasts about 20 to 30 minutes.